

Total number of gender equity sensitization programmes organized by the Institution during the last five years

Year	2017	2018	2019	2020	2021
Number of gender equity sensitization programme organized	5	4	5	5	5

Data requirement for last five years (As per data template)

. Title of the programmes:

.Duration (From-to)

.Number of participants:

year	Title of the gender sensitization programmes	Duration (From-To)	Number of participants
2017	International Women's day	8 th march 2017 11 am-12.30 pm	110
2017	Haemoglobin and Blood Group Check-up Camp For girls	28 th April 2017 10 am to 1 pm	65
2017	A workshop on 'Personality Development Camp for Girl Students'	8 th October 2017 11 am-1pm	155
2017	Yoga and Meditation Training Programme for Girls	21 st june 2017 5 pm-7 pm	68
2017	Women's Dental Conference Exuberance 2017	9 th & 10 th December 2017	500
2018	International women's day	8 th march 2018 11 am-12.30 pm	160
2018	Haemoglobin and Blood Group Check-up Camp For girls	9 th April 2018 10 am to 1 pm	70
2018	Yoga and Meditation Training Programme for Girls	21 st June 2018 5 pm-7 pm	68
2018	One Day Workshop on 'Study Habits	11 th October 2018 10 am-1 pm	180
2019	International Women's day	8 th march 2019 11.30 am – 1 pm	210

2019	Haemoglobin and Blood Group Check-up Camp For girls	16 th April 2019 10 am to 1 pm	68
2019	One Day Workshop on 'Pre Marriage Counselling'	11 th may 2019 11 am-1 pm	130
2019	Yoga and Meditation training program for girls	21 st June 2019 5 pm -7 pm	144
2019	One Day Workshop on 'Stress Management	20 th August 2019 10 am-12 pm	176
2020	International Women's day	9 th march 2020 11.30 am – 1 pm	262
2020	Haemoglobin and Blood Group Check-up Camp For girls	15 th June 2020 10 am to 1 pm	65
2020	Yoga and Meditation Training Programme for Girls	22 nd June 2020 5 pm-7 pm	95
2020	One Day Workshop on 'Pre Marriage Counselling'	14 th October 2020 11 am-1 pm	130
2020	DENTISTHREE	1 st December 2020	110
2021	International Women's day	8 th march 2021 11.30 am – 1 pm	270
2021	Haemoglobin and Blood Group Check-up Camp For girls	28 th April 2021 10 am to 1 pm	65
2021	Yoga and Meditation Training Programme for Girls	21 st June 2021 5 pm-7 pm	95
2021	A workshop on 'Personality Development for Girl Students'	16 th July 2021 2 pm-4 pm	186
2021	One Day Workshop on 'Pre Marriage Counselling'	16 th November 2021 11 am-1 pm	110

2017

Reports

1. Women's day was celebrated in GSL Dental College on 8th march 2017. Chief Guest Dr Ganni Kasimbi mam spoke about the importance of women in every sphere of life. An essay writing competition on Women's day was been conducted in morning and many students had participated. The prizes were given by Dr Ganni Kasimbi Mam.

2. A haemoglobin and blood group check-up camp was organized for the first year BDS students on 28th April 2017. Their names were enrolled in a roster for the Blood donation. Whenever an emergency arises, this group was alerted to find a blood donor.

3. Dr Shantipriya Reddy, Professor & Head of Periodontics, Shyamala Reddy Dental College highlighted the importance of personality development and pressed for Dental colleges to teach students how to put their best foot forward, where it matters. She was speaking as the Chief Guest in the workshop on 'Personality Development and Building Self-Confidence' conducted in GSL Dental College, Rajahmundry held on 8th October 2017. Prof Shantipriya Reddy deliberated the necessary etiquettes, well-roundedness, confidence, communication skills, time management and discipline required for students to excel in their profession. Delivering the presidential remarks, Prof Ghanta Sunil emphasized the role of team work, communication and knowledge in the overall personality development. He said: "Effective Communication skills play a crucial role in honing one's personality. Students should speak really well to make a mark of their own. Remember, no one would take you seriously if you do not master the art of expressing yourself clearly and in the most convincing manner",

4. The lady faculty, students of GSL Dental College observed International Yoga Day on 21st June, 2017. The N.S.S. wing and the IDA Lakshmipuram branch organized Yoga Training Programme. Two trainers from Shri Shri Ravi Shankar's The Art of Living organization, Mrs. Jwala Reddy and Ms. Anusha Verma held a four hour training session from 5:00 p.m. onwards. The faculty and students were trained in warm up, Surya Namaskar, Dhyan, Happiness Intro-talk, and Art Excel. They were trained to control breath through Nadi Shodhan Pranayam and Sudarshan Kriya. They were also trained in Ustrasana.. Mrs. Jwala Reddy informed that 21st June is selected as international yoga day because it is the summer solstice.

5. WOMEN DENTAL CONFERENCE

EXUBERANCE – 2017

DENTI-स्त्री

GSL Dental College and Hospital organized a 2nd Women Dental Conference – Exuberance on 9th and 10th of December 2017.

Dr G Kasimbi was the Chief Patron, Dr K Ramya , Reader GSL Dental College and Hospital was the Organizing Chairman and Dr R Priyadarshini , Reader GSL Dental College and Hospital was the Organizing Secretary, treasurer was Dr Padma Praveena, Lecturer, GSL Dental College and Hospital and the Scientific Committee was headed by Dr K Rojalakshmi , Reader GSL Dental College and Hospital.

Heading with the theme **Denti-स्त्री– Pursuing Profession with Passion**, it was indeed a pride and privilege to organize a state level event exclusively for women. The main objective of the conference was “keeping up to date” and “confirming practice” by sharing knowledge and professional experiences with colleagues which not only empowered women but also enhanced confidence among the budding professionals. With the world of changing technologies, terminologies and techniques, the trajectories of this ever expanding and never ending field of dentistry also was changing where the passion towards the profession and compassion towards the patient was the only criteria that led to success. Thereby the conference aimed to say that **“WE ARE AGILE – NOT FRAGILE.”**

We strived for the upliftment of the students, not only from our home college but also from various places in and around our state. A total of 500 delegates from all over the state participated. We tried making every hurdle to run smooth and to establish learning, stay and knowledge blissful.

The theme “PURSUING PROFESSION WITH PASSION” suggests its essentiality for the students to propel in dental Excellency. A remarkable contribution by the GSL Dental College and Hospital elicits its interest in enlightening the budding graduates. Indeed, this Convention was a platform for the delegates to share their views and meet the ace personalities of dentistry.

We organized the sessions by inviting renowned Women personalities from all over the country. The sessions organized were principally designed to enhance the overall development of the women dentists.

Dr Vijayalakshmi Acharya, MDS (Conservative Dentistry & Endodontics), senior most practitioner from Chennai delivered a Key Note Lecture on **Future of Dentistry in the Next Decade**.

Dr Shanti Priya Reddy, MDS(Periodontics), Consultant at Manipal Hospitals, Bangalore delivered a Key Note Lecture on **Reaching the Pinnacle – Power of Professional Women**.

Dr Jaya Prada, Ph.D. M.A(Tel), L.L.B, M.A (Psychology), a general practitioner from Rajahmundry delivered a guest lecture on **Dress Your Stress**.

In addition several preconference courses with hands on were organized to enhance the skills of the delegates

Dr Nilaya Reddy, MDS (Pedodontist), conducted a preconference course on **Conscious Sedation** and the course was coordinated by Dr J T Pavithra of GSL Dental College

Dr C V Padma Priya, MDS (Orthodontics), Professor & Head from Vishnu Dental College, Bhimavaram conducted a preconference course on **Digital Photography** and the course was coordinated by Dr T Lavanya of GSL Dental College

Dr P Gautami, MDS (Periodontics), Professor & Head from Vishnu Dental College, Bhimavaram conducted a preconference course on **Implantology** and the course was coordinated by Dr Sahana Ashok of GSL Dental College

Dr Sahitya Reddy, MDS (Periodontics & Implantology), Reader from Sibar Dental College, Guntur conducted a preconference course on **Lasers in Dentistry** and the course was coordinated by Dr M Anupama of GSL Dental College

Dr K Sireesha, MDS (Conservative Dentistry & Endodontics), Professor from Gitam Dental College, Visakhapatnam conducted a preconference course on **Rotary Endodontics** and the course was coordinated by Dr N Prashanthi of GSL Dental College

Dr Ramya Sagar V, practitioner from Rajahmundry delivered a Lecture on **Facial Esthetics**.

It was a great opportunity to host an event like this which helped the delegates in their inputs of knowledge and also helped them meet and interact with great personalities which would inspire them to a higher extent.

The conference thus achieved its theme in enlightening the students in the perspectives of passion towards dentistry and guide them higher.

It provided a good platform which was a great opportunity for all the delegates to exchange their ideas and thus excel in all ways heading towards their brilliant future.

2018

1. Women's day was celebrated in GSL Dental College on 8th march 2018. Chief Guest Dr Ghanta Sandhya mam drew attention of the students with her words of inspiration. . She spoke about the hardships that she faced in her life and how she overcame them. A quiz program was conducted on Women's day in morning and about 260 students had participated. The prizes were given to the students by Dr Ghanta Sandhya Mam.

2. A haemoglobin and blood group check-up camp was organized for the first year BDS students on 9th April 2018. Their names were enrolled in a roster for the Blood donation. Whenever an emergency arises, this group was alerted to find a blood donor.

3. Dr Ashok Dhoble, Hon Secretary General, IDA, encouraged the students to be optimistic and to have a positive approach about everything in life. He was speaking as the Chief Guest in the workshop on 'Study habits' conducted in GSL Dental College, Rajahmundry on 11th October 2018. Delivering the presidential remarks, Prof Ghanta Sunil emphasized the role of detailed the need for conducting such workshops for students. He said that we must persist to pursue dreams regardless of what may happen and not succumb to the negativity around us.

4. The faculty and students of GSL Dental College observed International Yoga Day on 21st June, 2018. The N.S.S. wing and the IDA Lakshmipuram branch organized Yoga Training Programme. GSL Chairman Shri Dr Ganni Bhaskara Rao held a 2 hour training session from 5:00 p.m. onwards. The faculty and students were trained in warm up, Surya Namaskar, Dhyan. They were trained to control breath through Nadi Shodhan Pranayam and Sudarshan Kriya.

2019.

1. Women's day was celebrated in GSL Dental College on 8th march 2019. Chief Guest Dr Ganni Sadhika said that achieving gender equality and empowering all women and girls is very important as it ensures inclusive and quality education for all and also promotes lifelong learning. A Skit was conducted on Women's day. About 350 students had participated in the program.

2. A haemoglobin and blood group check-up camp was organized for the first year BDS students on 16th April 2019. Their names were enrolled in a roster for the Blood donation. Whenever an emergency arises, this group was alerted to find a blood donor. The students enthusiastically participated in the program.

3. The faculty and students of GSL Dental College observed International Yoga Day on 21st June, 2019. The N.S.S. wing and the IDA Lakshmipuram branch organized Yoga Training Programme. GSL Chairman Shri Dr Ganni Bhaskara Rao held a 2 hour training session from 5:00 p.m. onwards. He said that “Yoga is an invaluable gift of India’s ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfilment; harmony between man and nature, a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself”. The faculty and students were trained in warm up, Surya Namaskar, Dhyan. They were trained to control breath through Nadi Shodhan Pranayam and Sudarshan Kriya.

4. One day workshop on pre-marriage counselling was held on 11th may 2019. Dr Gita Das, Assistant Professor in Clinical Psychology at GSL Medical College Conducted the session for the outgoing batch Interns and Final year students She said that “We need to prepare the young generation to enter into matrimony with more awareness, clarity & understanding, and to help them develop more mutually caring, respectful and lasting relationships”. About 130 students attended the program.

5. Dr, Krishnamurthy Bonanthaya, An eminent Oral & Maxillofacial Surgeon From Bengaluru, Karnataka said that situations and Circumstances are same but approach makes it different. He was speaking as the Chief Guest in the workshop on “Stress Management “conducted in GSL Dental College, Rajahmundry on 20th August 2019. The main highlights of the workshop were – various types of stress faced by teenagers, stress relaxation therapy that could be followed and different stress management techniques. Delivering the presidential remarks, Prof Ghanta Sunil emphasised the role of detailed the need for conducting such workshops for students. He said that stress and anxiety are an integral part of human nature and it is imperative to know how to deal with it and ultimately overcome it.

2020

1. Women’s day was celebrated in GSL Dental College on 8th march 2018. Chief Guest Dr Vijayalakshmi Acharya drew attention of the students with her words of inspiration. . She spoke about the hardships that she faced in setting up her practice in Chennai and how she overcame them. The Women's day program outlined the multiple issues today's women face in different parts of the country and the condition of the urban and village societies towards women and their responsibility. A stage performance was done by GSL students and about 260 students participated. The prizes were given to the students by Dr Vijayalakshmi Mam.

2. A haemoglobin and blood group check-up camp was organized for the first year BDS students on 15th June 2020. Their names were enrolled in a roster for the Blood donation. Whenever an emergency arises, this group was alerted to find a blood donor. The students eagerly participated in the program.

3. The lady faculty and students of GSL Dental College observed International Yoga Day on 22nd June, 2020. The N.S.S. wing and the IDA Lakshmipuram branch organized Yoga Training Programme. Dr Sushant Mishra, Professor in community medicine, held a two hour training session from 5:00 p.m. onwards. He addressed the gathering about yoga and benefits of practicing Yoga in everyday life and highlighted the potential of Yoga as a way of living that aims towards a healthy mind in a healthy body.

4. One day workshop on premarriage counselling was held on 24th October 2020. Dr Jagadeesh Settem, Associate Professor in Clinical Psychology at GSL Medical College Conducted the session for the outgoing batch Interns and Final year students He said that “it is very important that those entering into matrimony be adequately informed about human sexuality, so that the correct scientific knowledge may lead to building healthy attitudes towards sex, high standards of conduct, responsible behavior & wholesome personalities. Thus, the couple can manage and set their expectations from each other and the relationship to address any fault-lines they might have. About 120 students attended the program.

5. One of our Innovative programmes Dentistree was given copyrights by the Govt of India on 1st December 2020. This program is conducted to create awareness & the role of women in various aspects of life. Different programs have been designed.

2021

1. Womens day was celebrated in GSL Dental College on 8th march 2021. The management in co-ordination with GSL dental college organized numerous activities. Chief Guest Dr Sahitya Reddy, Professor of Periodontics in Care Dental College, Sibar appealed to the students to be more humane towards the patients. She said that although most female dentists don't think their professional experiences are any different from those of their male counterparts, studies show female dentists bring different traits and practices to their clinics. Female dentists are said to be more empathetic and better able to communicate with their patients. They seem to be less rushed and willing to discuss their patients' ailments and concerns in a more caring, humane way than male dentists. A skit, dance and an essay competition was conducted on this occasion by GSL dental college and many students had participated. The prizes were given to the students by Dr Sahitya reddy Mam.

2. A haemoglobin and blood group check-up camp was organized for the first year BDS students on 28th April 2021. Their names were enrolled in a roster for the Blood donation. Whenever an emergency arises, this group was alerted to find a blood donor. The students enthusiastically participated in the program.

3. The faculty and students of GSL Dental College observed International Yoga Day on 21st June, 2018. The N.S.S. wing and the IDA Lakshmipuram branch organized Yoga Training Programme.

GSL Chairman Shri Dr Ganni Bhaskara Rao held a 2 hour training session from 5:00 p.m. onwards. The faculty and students were trained in warm up, Surya Namaskar, Dhyan. The students and staff performed various asanas and pranayama under the guidance of yoga expert Dr Ganni Bhaskar Rao

4. Dr C V Padmapriya, Professor & Head of Orthodontics, Vishnu Dental College emphasized the significance of personality development and urged the Dental college to impart students to develop life-skills and enhance potential of students. She was speaking as the Chief Guest in the workshop on 'Personality Development for Girl Students' conducted in GSL Dental College, Rajahmundry held on 16th July 2021. Prof C V Padmapriya deliberated the need for innovative ability, efficiency, and speedy execution of assigned tasks. Multi-tasking and quality life-skills are catchwords for young professionals in order to excel.. Delivering the presidential remarks, Prof Ghanta Sunil emphasised on the importance of leadership and personal effectiveness in present environment. He said: “. Personality development includes knowing how to dress well, social graces, grooming, speech and interpersonal skills. Students need to have necessary facilities and tools to face challenges that pertain to the lifestyles and scenario faced by young adults in today's world”,

5. One day workshop on pre-marriage counselling was held on 24th October 2020. Dr Nukala Srikrishna, Associate Professor in Clinical Psychology at GSL Medical College conducted the session for the outgoing batch Interns and Final year students. He said that pre marriage counselling is important as it addresses issues such as finances, affection and sexuality, family of origin strengths and issues, spiritual beliefs, and values. About 140 students attended the program